



Langmans Dental Health Centres

Join us for our **Dental Implant** Open Day



Saturday 25th March, 10am - 2pm

Last year's open day proved to be a fantastic opportunity for both patients and members of the public to come and discuss dental implants with the team in an informal and friendly atmosphere.

Our implant team were on hand to offer free consultations, our dedicated implant suite was set up for patients to view and a representative from Straumann, our implant supplier, was also available to answer any questions. Attendees were also given a discount voucher to use on implant treatment.

It turned out to be a very successful and enjoyable day and so we have decided to do it again! If you have an interest in finding out if dental implants could help you, please book a place with reception on 01789 292460.

Dental Implants could help you if you have:



MISSING back teeth that make it difficult to chew



GAPS that you feel look unsightly



Repeated PROBLEMS with crowns or bridges



LOOSE and UNCOMFORTABLE dentures

Staff News



Trainee Dental Nurse Katie, joined us in December and is working in both the Stratford and Wellesbourne practices.

Dental Nurse Toni, joined us in February and is working in the Stratford Practice.



Dental Nurse Christina recently qualified as an Oral Health Educator. This enables her to provide oral health advice under the direction of a dentist, and visit schools and local community groups to talk about correct cleaning techniques, diet advice, etc

Antibiotics DON'T cure toothache!

Antibiotic resistance is one of the biggest threats facing the world today.



Antibiotics are not always the best way to manage toothache and dental infection, and work less effectively the more often they are taken.

Toothache can be caused by decay, broken teeth, gum disease, abscesses and jaw problems.

If you have toothache your dentist will examine your mouth and decide the cause of the pain. They will decide whether antibiotics are appropriate for your dental problem.

Antibiotics on their own do not clear the infections or stop pain. Dental treatment is usually needed as well. Taking too many antibiotics can mean that they will be less effective and won't work when they are really needed.





Picture Perfect Smile

A nationwide pole undertaken by the Oral Health Foundation and Oral-B found that less than a third of people questioned would smile with an open mouth and that discolouration was the biggest reason for hiding teeth (33%).

With an estimated 17 million selfies being posted on social media every week, more and more people are looking at cosmetic dentistry to improve their smile.

Most of us think of a picture perfect smile as being straight, bright and white. With the advancement in dental techniques it's easier than ever to achieve this.

If there is anything about your teeth that stops you smiling, have a chat with your dentist to find out how we can help.

Here are a few before and after examples of smile makeovers we have undertaken:




Have you seen our blog?

We are regularly adding new posts to our blog to help keep you informed of trends and topics in the dental health field as well as what is happening in the practices.

Our latest post explains what happens behind the scenes in our decontamination room. These posts can be found under the latest news tab on our website.

[Behind the scenes in our Decontamination Room](#)



Have you ever wondered where your nurse is going when you see her dashing off with a box in her hands?

She's taking the dirty instruments to our dedicated decontamination room where they will be thoroughly cleaned and sterilised in accordance with the Department of Health HTM0-105 guidelines we adhere to.

Posted on 18th January 2017

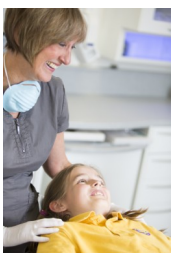
[READ MORE](#)

Tired of loose dentures? There *is* a better option

Whilst dentures are a great alternative to missing teeth, we are aware that the most common issue faced with dentures is stability.

Implant Retained Dentures are becoming very popular and can provide a new lease of life for denture-wearing patients who find themselves hiding their smile or who don't feel confident enough to smile or eat in public.

By fitting a few dental implants, we securely fix your dentures in place without the need for denture adhesives.



It is important to start dental care at an early age. Bring young children with you to your appointments so that they get used to the noise, smells and surroundings. Start brushing their teeth as soon as the first one appears and it is recommended that children's brushing is supervised until they are at least seven.

