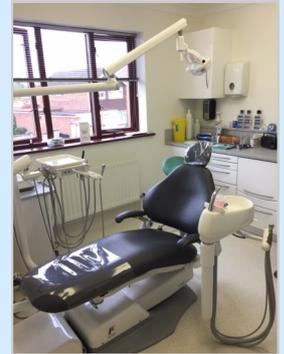


# Langmans Dental Health Centres

## Practice News

We have recently installed a fifth surgery in our Wellesbourne practice. The new surgery, located upstairs, will be used by our hygienists. We have also replaced 2 of the dental chairs in the ground floor surgeries.



## Staff News

Since our last newsletter we have welcomed three new members of staff, said a sad goodbye to Kylie, our Head Nurse at Wellesbourne, who had been with us for 14 years and appointed two new head nurses.



Joanna Mann joined us at the Stratford practice. Joanna is a hygiene therapist.



Dental Nurse Hayley is back working part time in the Stratford practice.



Debbie has joined our reception team in the Stratford practice.



Christina and Zoe are our new Head Nurses at Wellesbourne.



Kylie's Leaving Do!



7 of our Langmans Ladies took part in a 10 mile walk at Blenheim Palace on the 20th May in aid of Breast Cancer Care.

They raised an amazing £1300 and would like to thank everyone who kindly sponsored them.

## Interesting new figures released by the Oral Health Foundation:



- Oral health problems cost the UK economy £105 million every year in sick days!
- 1 in 20 Brits take a day off sick due to oral health problems.
- It is estimated that 1.2 million days of work have been missed in the last year.
- Bad habits such as irregular brushing and sugary diets are contributing to around 3 in every 10 UK adults suffering regular dental pain and tooth decay.

## Before & After

This patient had several broken teeth and had previously had a denture which he didn't like.

Treatment options were discussed and the patient chose to have an implant, new crown and a bridge to replace the missing and broken teeth.



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**0%** Finance Available

# Do you see our hygienists regularly? Then you might benefit from our Hygiene Membership Plans.

Did you know that you can spread the cost of your hygiene appointments over 12 months and also benefit from Worldwide Dental Trauma Insurance, Emergency Callout Insurance and Redundancy Protection?

Our hygiene membership plans give you the option to select between 2 and 4 visits to the hygienist a year and include Airflow at no extra cost. Plans start from as little as £8.20 per month and are a great way to budget for your hygiene treatment and also to ensure you visit the hygienist regularly. Ask at reception for full terms and conditions.



## 5 reasons to see a hygienist

1. **To prevent gum disease** - gum disease is the number one cause of tooth loss in adults.
2. **To maintain overall good health** - Recent studies have linked heart attacks and strokes to gum disease.
3. **To prevent bad breath** - Bad breath is usually caused by a dental problem. The odour can be released by bacteria from under the gum line, where only a dental professional can clean.
4. **To have a whiter smile** - external stains from food, drink and tobacco can be removed.
5. **Oral Cancer Prevention** - your hygienist will screen for oral cancer at each visit.

## Recent blog posts

We are regularly adding new posts to our blog to help keep you informed of trends and topics in the dental health field as well as what is happening in the practices. You can find the posts on our website under the news section.

Recent posts include:

- How to look after our children's teeth.
- How gum disease can effect our health.
- Tired of loose dentures? There is a better option.

## Cancelling Appointments

If you cancel without much notice or don't turn up for your appointment, our dentists and hygienists won't be able to offer this time to anyone else. Last month 45 hours were wasted due to no shows.

But if you cancel with as much notice as possible, our efficient receptionists will ensure that your time slot is well used by someone needing it.

Reminder: If you cancel your hygienist appointment with less than 48hrs notice, or fail to attend, you will incur a cancellation fee.

We do send email and text reminders. This is an automated service and we cannot guarantee that you will always receive them so please do not rely on this service as your only way of remembering an appointment.

## Dentures

Want a natural looking smile?  
We give you options!

There are many treatment options available when it comes to dentures. We work closely with our on-site lab technicians to achieve the results you desire.

These days dentures can be made to look very natural. The acrylic (pink part) can have natural looking veins running through it and can be customised by stippling and contouring to make it look like natural gums.

Teeth can be stained to match existing teeth, gums can also be stained to look natural for patients with darker skin tones.

A clear palate can also be chosen allowing your own natural palate colour to show through.

Please discuss the different options with your dentist.



Clear palate



Tooth Staining



Gum/Flange Staining

