

Denture products available to purchase

Our reception team will be happy to show you the products we have available for dentures. These include:

Fixatives



Cleaning Tablets



Storage case with mirror and brush



Sonic cleaner



Starter Kit:
Includes Fixodent, cleaning tablets and storage case



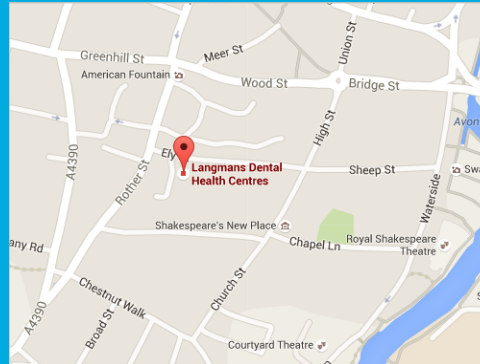
Our dentures are crafted and constructed by our highly trained and dedicated on site technicians.

They use the latest techniques and technology to provide you with high quality, durable and aesthetically pleasing dentures.



Caring for your new Dentures

How to Find Us



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NB: All new private dentures include a FREE starter kit.

www.langmansdental.co.uk

Adapting to Dentures

It takes a bit of time to acclimatise to wearing new dentures. They may not feel like they fit well or may feel a bit uncomfortable. This should generally be short lived and your gums should soon get used to them.

If however, you continue to have sore areas please make an 'ease' appointment with your dentist who will adjust the denture to make it comfortable. It is important that you wear the denture continuously before seeing your dentist so that they can easily see the areas where it is sore.

We recommend only eating soft foods for the first few days whilst you get used to wearing your denture.

You may find that you have speaking difficulties when you first start wearing your denture. To overcome this try and recite the days of the week repeatedly.

If you find that your denture isn't fitting as well as it could for example if there is not much of a ridge for the denture to fit into you may like to use a denture fixative such as Fixodent.



A guide to denture cleaning

As with natural teeth plaque, tartar and staining can accumulate on a denture. It is important to keep your denture as clean as possible.

You should clean your denture several times a day as no matter how well it fits there is likely to be food trapped between your denture and soft palate. Leaving debris on your denture for long periods of time can cause fungal growth such as oral thrush.

Remove your denture over a bowl of water or a towel. This should help protect it from fracturing if it is accidentally dropped.

Clean your denture with a soft tooth brush or a special denture brush. Use either a denture tooth paste or soap and water. Normal toothpaste is too abrasive and should not be used on your denture.

If you have been using a fixative on your denture make sure this is completely removed and cleaned thoroughly before replacing.

After brushing, the denture can be soaked in a denture cleaner which will help remove or loosen any further deposits. If you have any metal on your denture it is important not to use any cleaners that contain bleach based products such as sodium hypochlorite.

Water should be cold or just warm as hot water can cause distortion.

An ultrasonic denture cleaner can also be used. These devices have the ability to scrub the denture at microscopic levels. We therefore recommend using one of these as a supplement to your tooth brushing.

Advice is to remove your denture overnight to allow your gums to breathe. When removing your denture please place it in a glass of water to prevent it drying out.

What do I do if my denture breaks?

Never attempt to repair or adjust your denture yourself. Bending any part of the clasps or metal can weaken or break the denture.

Off the shelf 'denture repair kits' are also not advised as these could permanently damage your denture.

If your denture breaks, cracks, or chips give us a call. We can often repair your denture on the same day



When to replace dentures

Dentures normally last between three and five years. Overtime shrinkage occurs in the gum that supports the denture. This can cause the denture to no longer fit as well as it did originally and may be uncomfortable.

Your dentist will monitor the situation in your regular check up appointments. It is therefore important that even if you don't have any natural teeth that you still come for regular appointments. This will also allow your dentist to check for any other changes to your mouth.