

Langmans Dental Health Centres

Staff News

Message from Dr David Langman

After 37 years of practicing as a dental surgeon, I have taken the difficult decision that it is time to consider retirement. With this in mind, from October, I will be reducing my days to two days a week split over both the Stratford and Wellesbourne practices.



The decision to consider retirement was an extremely difficult one. I truly enjoy my relationships with my patients and have had endless satisfaction and pleasure from caring for you and your families.

As my patients will know, I am often double booked or running a bit late as I like to fit you all in wherever I can! However, sadly it is just not going to be possible for me to see you all in the future. I need to start cutting down in the transition to retirement. I am very proud of the dental team we have built here at Langmans and am confident that you will continue to receive the best dental care possible. There is no need for any action on your part. Our reception team will be looking at my appointment book and contacting you if necessary. I would ask you to trust your new dentist as you have trusted me. You will be in good hands!

Staff Changes:



Dentist Bart Finley left us at the end of August for a new role in a hospital, working in the oral and maxillofacial surgery department. He will be greatly missed by staff and patients and we wish him all the very best.

Dr Suzanne Rayner is joining us at the Wellesbourne practice and will take over the care of Dr Finley's patients.



Dr Justin Scrivens will now be working full time at the Stratford practice and will be taking over the care of Dr Finley's patients.



After 28 years working at Langmans, Wellesbourne receptionist Sandra has decided to retire. Sandra is a much loved member of the team who will be missed by staff and patients.

David and Anne-Louise Langman would like to thank Sandra for all her hard work and commitment to the practice, and we wish her all the best for her retirement.

New Team Members:



Jo has joined us at the Wellesbourne Practice working on reception.



Megan has joined us as a Trainee Dental Nurse working in the Stratford Practice.



Miriam has joined us working two days a week at the Wellesbourne Practice. Miriam is a Dental Hygienist

Tips for looking after your children's teeth this Halloween



Sadly summer has now ended and Halloween is fast approaching. Children will soon be looking forward to dressing up, Halloween parties and accumulating piles of sweets on trick or treating missions. What is a great night for children, could be a ghastly one for their teeth.

Here are a few tips to help protect your children's mouths, while still letting them enjoy Halloween treats.

trick or treat

Try and Limit Bad Sweets:

- Chewy and sticky sweets get stuck in teeth and take longer to get washed away by saliva, increasing the risk of tooth decay.
- Sour Sweets are very acidic. In fact some have a PH close to battery acid! The acid weakens and wears away the tooth enamel.
- Lollipops - Any sweets that stay in your mouth for a prolonged period of time are more harmful to your teeth than sweets which are consumed quickly.

Sweets that are better for teeth include sugar free sweets/lollipops and chocolate. There are an increasing number of sugar free sweets to be found in the shops such as sugar free chupa chups, polos, werther's originals, fruit-tella fruit gums and ice breaker sours. Chocolate is also better as it doesn't tend to cling to teeth or stay in the mouth as long.

Eat sweets with a meal rather than grazing throughout the day, wash down with a drink of water and ideally eat a piece of cheese after as this helps neutralise the acid.

Before & After

This patient had a broken incisor and was given the option to restore with root canal treatment and a crown or extract the tooth and replace with a bridge, denture or implant.

The patient chose to have the tooth extracted and to replace it with a dental implant. Dr Alastair Webb performed the implant treatment and the patient followed this with a course of home tooth whitening. He is very happy with the result.



Missed Appointments

182 patients did not attend their appointments in the Stratford Practice in August and **147** patients in the Wellesbourne Practice. This equates to **71** hours of missed appointments.

We understand that life is busy and sometimes it gets in the way, however we ask that you please remember to cancel your appointment if no longer needed, with as much notice as possible. We can then ensure it is released to another patient.

Our Practice Policy is that NHS patients who miss two consecutive appointments may be denied further ones and the practice reserves the right to charge private patients and hygienist patients for cancellations or missed appointments without 24 hours notice. We thank you for your co-operation over this matter.

We would love you to leave us a Google Review! - It's easy! There are 2 ways to do it:

Stratford Practice

- Type the following into the Google Search Bar: <http://goo.gl/dVHZ8W>
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Wellesbourne Practice

- Type the following into the Google Search Bar: <http://goo.gl/AcrzZF>
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