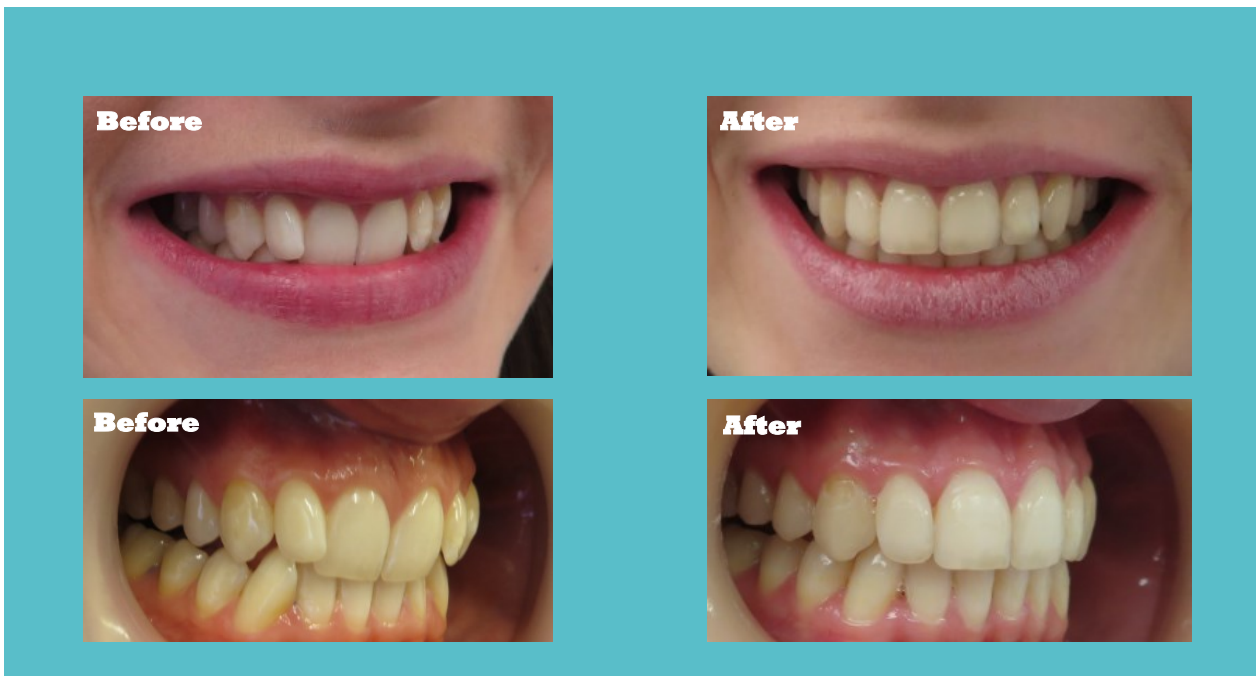


# Achieve your perfect smile

Interested in straightening your teeth? We use Quick Straight Teeth discreet braces that straighten your front teeth in a quick and comfortable way using either tooth coloured fixed or clear removable braces. These appliances are designed to be virtually invisible to the human eye, allowing your teeth to straighten without that insecurity often linked with traditional metal braces.

The patient below was unhappy with her smile. She saw dentist Dr Scrivens and they agreed to use the QST fixed braces on both her upper and lower teeth. Her treatment took 6 months and as you can see from the photos she has had a beautiful smile transformation!



## Patient Confidentiality

Our Receptionists are often asked questions such as these:

- When is my husbands next appointment?
- Can you tell me if my wife is still in with the dentist?
- My partner can't remember what time her appointment is tomorrow, please can you confirm?
- Can I check if my wife's appointment is on ??/??/???

Unfortunately due to data protection regulations we are unable to answer these questions unless we have consent from the patient themselves. We understand that this can sometimes be frustrating. Our receptionists are not trying to be obstructive, they are following the guidelines. If you would like us to be able to share details of appointments, treatment etc with a family member please let us know and we can add your consent to your notes.

Believe it or not, it's not been unheard of when couples are going through a divorce for one partner to find out when their partners next appointment is and clearing out the house when they know they won't be there!

## Have you spotted anything different??

We decided it was time to update our logo!

Working with a design studio run by one of our patients we now have a new, modern logo. What do you think?



# Mouthguard Impression Open Days



We will be holding our annual Mouthguard Impression Open Days on **Thursday 8th and Thursday 29th August** from **1.30pm - 4pm at the Stratford Practice**. They are open to everyone - just call in at your convenience. If you are unable to make these dates please call the practice and we can make you an appointment that suits.

Around 40% of injuries to teeth happen during sports. Dental trauma is never planned but the risk can be reduced. We recommend wearing a custom fitted mouthguard for any sport that involves falls, body contact or flying equipment.

If you do experience dental trauma whether from a sporting accident, a fall, a car accident etc please follow this advice:

## Firstly don't panic!

Here is what to do if you have a knocked out an adult tooth:

- Find the tooth.
- Hold the tooth by the crown, do not touch the root.
- If tooth is visibly dirty, lick it clean or gently rinse under water. Do not brush or scrub it.
- Stick the tooth back in position and bite on a handkerchief or similar to hold it in position. If you are unable to put it back in the mouth, put the tooth in milk or hold it in your mouth between cheeks and gum (but don't swallow it!)
- See a dentist immediately.

What to do if you have a broken or chipped tooth:

- Broken teeth can sometimes be reattached so if you can find the fragment take it to the dentist straightaway.

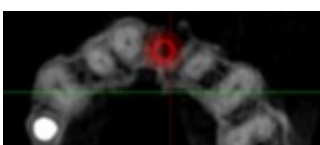


## Technology in Dentistry - Dental Implant Planning

When we look at replacing a missing tooth with a dental implant there are several important checks we need to make. We need to ensure there is sufficient bone to secure the implant, plot where important structures are located, such as nerves and sinuses which need to be avoided during surgery and plan the best size of implant for each specific case.

We invested in a Cone Beam CT scanner a few years ago to enable us to plan our implant placements in great detail and provide the best care for our patients. Not all dental practices will have a CBCT scanner, in fact we regularly receive referrals from other local practices.

Once you have had a CBCT scan, your dentist will spend time studying the 3 dimensional images to work out the most suitable option for your particular case. The images will then be shown and discussed with you at a review appointment and a treatment plan agreed.



If you are unable to make an appointment please let us know so that we can offer it to someone else.

In May alone we had over **30 hours of missed dental appointments** and **22 hours of missed hygiene appointments**.

Had they been cancelled we could have brought other patient appointments forward or seen an additional 90 patients in pain/having problems!

## 0% Finance to Fund Your Treatment

In addition to our Private Membership Plans which allow patients to spread the cost of routine dental care over the year, we also work with V12 Finance to offer interest free finance for many of our private treatments such as tooth whitening, dental implants, cosmetic crowns etc.

Patients have the option to spread the cost of treatment over 6, 10 or 12 months.

Ask one of the team for details or pick up a leaflet in the reception area.

